

# Supervision Agreement

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## PERSONAL DETAILS

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

\_\_\_\_\_ *Postcode* \_\_\_\_\_

## PREFERRED CONTACT DETAILS

**Telephone** *Work* \_\_\_\_\_ *Mobile* \_\_\_\_\_

**E-mail** \_\_\_\_\_

**Skype** \_\_\_\_\_

## SERVICE OFFERED

I provide individual and group supervision for coaches, psychotherapists, counsellors and hypnotherapists. I offer:

- Ad hoc supervision and mentoring
- Supervision of practice

At the initial session we will discuss what style and precisely how much supervision is appropriate depending on your needs. If it is not appropriate for us to work together I can suggest an alternative supervisor.

## PROFESSIONAL RESPONSIBILITIES

I am a UKCP Registered Supervisor and have a Certificate in Supervision from the Manchester Institute of Psychotherapy, have trained in Group Supervision with Robin Shoheit, and an Accredited Supervisor of the Neuro-Linguistic Psychotherapy and Counselling Association (NLPTCA). I am also an INLPTA Registered NLP and Coach Trainer. I am bound by the UKCP and NLPTCA codes of ethics and conduct.



## CONFIDENTIALLY

Supervision is a professional meeting, which is mutually respectful, accountable and conditionally confidential. All information disclosed is confidential with the exception of where I believe you or another is a danger to self or others, where minors (under 18) are involved or if disclosure is ordered by a judge, coroner or other official having such power.

To maintain professional standards and to ensure I offer you the best possible service I discuss cases anonymously during my formal supervision of supervision. I may make written notes during the session; these will be kept securely.



### **APPROACH**

I have an integrative approach to supervision including the 7-eyed process model from Hawkins and Shohet and the developmental approach of Stoltenberg and Delworth. My style is supportive, purposeful and respectfully challenging. A typical supervision session has three elements:

- **Overview of your practice** - who are you working with and how it is going
- **Case presentation** – the client, your best plan, where to go next, impact on you
- **Development** - knowledge, skills, guidance and support to develop your practice

### **THE ROLE OF THE SUPERVISOR**

The primary purpose of supervision is to support the supervisee. As supervisor I am concerned with the relationship between my supervisee and others, monitoring and supporting them in this role. At times I may provide information and direction in the interest of safe practice and the well-being of you (the supervisee), other individuals and the service/organisations involved.

### **THE ROLE OF THE SUPERVISEE**

As supervisee, your role is to explore and develop your working practice leading to the best possible service. To achieve this, you should be prepared to fully disclose concerns, regrets and uncertainties without fear of judgment. You may on occasion be advised to take direction from me (the supervisor) on issues of ethics, safety and good practice. It is expected you will make appropriate notes of the sessions.

### **APPOINTMENTS**

Appointments are booked at mutually convenient times. As I also undertake corporate consultancy and deliver training courses availability can vary week to week.

\_\_\_\_\_ At my practice                      \_\_\_\_\_ Phone / Skype /                      \_\_\_\_\_ At your venue  
14 Sunnyside, Kendal                      Face time                      (travel at 45p/mile)

On rare occasions we may need to reschedule your appointment. 24-hour cancellation is required to reschedule any session without charge.

### **AGREEMENT**

The agreed fees are £60 per hour.

#### **Agreed format**

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For supervision of practice there is a probationary period of three sessions on both sides so we can both ensure that your practice is safe, ethical and I am the best person to help you move forward in the direction you want.

**Supervisee Signed** \_\_\_\_\_ **Date** \_\_\_\_\_