

Environmental Inspiration

A workshop full of practical games and activities to inspire an appreciation in the natural world

Who should attend?

Individuals wanting to learn a wide variety of environmental activities
Groups wanting a flexible template for environmental sessions

What can the programme cover?

- What is environmental inspiration?
- Flow learning in action
- Key activities from Joseph Cornell, Steve Van Matre, Tom Brown Jr and others
- Creating a spiritual bond with the natural world
- Planning and setting an inspiring journey
- Establishing a personal connection with "My Special Place"

What can be achieved?

As a result of this workshop individuals will have

- A wide variety of environmental games and activities
- A deeper personal connection to the natural world
- A full experience of sequencing activities using flow learning
- A resource of activities to support delivery of the John Muir Award

Duration

The course is typically delivered over one or two days. The key themes can be also be condensed into a half day seminar format to suit your needs.

Venue

Delivered at your venue and using a nearby location in the natural world. The course usually runs from 9.30 – 4.30 with an hour for lunch, but we can split the day and adjust the timings to suit your schedule.

Booking

Give us a call on 01539 737215 or email neal@valleytraining.co.uk to discuss availability or your needs in more detail. If you are a charity or educational establishment we may be able to offer you a discount.

*Open your senses to what's around you!
This workshop is about connecting to the natural world in a way that allows personal meaning to be created. It inspires environmental sessions based on the experience before the learning – when we truly appreciate something we care for it and have a natural interest to learn more about it.*

"in every walk with nature, one receives far more than he seeks" John Muir

*"new ideas for facilitating groups when in the outdoors - allowing people to discover nature for themselves, some neat environmental rucsac games and activities. "
Participant, Brathay Hall 2006*

*"inspiration" having learnt loads of stuff I really enjoyed i now want to try it out on other people!! "
Participant, Brathay Hall 2006*

For more information, contact us at :

Valley Training
14 Sunnyside Kendal Cumbria LA9 7DJ

Phone: 01539 737215
Mobile: 07899 856518
Email: neal@valleytraining.co.uk