

# SYSTEMIC CHANGE MATTERS

## FOUR COMPONENTS OF SUCCESSFUL PEOPLE SYSTEMS

We do not operate in the world alone, people have other family members, workers have colleagues, managers have staff and organisations have customers and the competition. Each of us forms part of a people system that operates with a combination of four essential elements. The effective mix of these components allows individuals to express themselves fully and release their potential. Based on the work of Virginia Satir, this approach recognises the simple complexity involved in working together for success; everyone concerned needs a strong sense of themselves and their team, the ability to communicate clearly, an understanding of the hidden rules for how the system operates and to appreciate how what they do connects to the wider world.

The talk focuses in practical ideas to enhance the core components of successful systemic change and can count as valid CPD for many professionals. Open to all, it is particularly suited to trainers, coaches, therapists and individuals who work with families, teams and organisations.

### Components of Successful People Systems

Communication

Links to Society

Rules

Esteem &amp; Efficacy

Drawn from the fields of NLP and Positive Psychology, the talk will offer some practical suggestions for:

- How establishing purposeful, clear, direct and honest communication helps people work out meaning with one another, exchange information, ideas and make decisions.
- Why assisting a family, team or organisation to evaluate its results helps people relate and respond to customers, competitors and stakeholders in the wider world.
- How to ensure the visible and hidden rules that define the way the team or organisation operates and how people feel and act with each other are flexible, human, appropriate and open to change.
- How building confidence and belief for individuals and the team directly influences the feelings and ideas a person or organisation has about itself and its ability to achieve goals.

### Twilight Workshop 14<sup>th</sup> January 2011

Ideas, tools and approaches to support systemic change with individuals and organisations.

**Neal Anderson** is a Neuro Linguistic Psychotherapist, an INLPTA Registered NLP, Coaching and Business Communications Trainer, and Accredited Practitioner of Outdoor Learning. With a background in engineering, management and development training he works as a facilitator, coach and therapist with individuals and organisations. Neal is passionate about helping people grow and develop with a sense of playfulness, warmth and realism.

#### How do I book?

Book online at [www.valleytraining.co.uk](http://www.valleytraining.co.uk) or call us on 07899 856518 with any questions.

**Dates:** 14 January 2011 6.30 – 9.00

**Location:** Central Kendal, Lake District.

**Regular price:** £25

**Certification:** Certificate of Training

